

# Chilton Primary School Whole School Food Policy



Date of policy implementation: June 2007

Date of next review: June 2008

This document is freely available to the entire school community via the school website.

## Aims

To ensure that all aspects of food and nutrition in school promote the health and well being of the school community.

To give clear, consistent messages about food at all times.

## Rationale

Children will be healthier; there will be a positive impact on their learning and behaviour.

## Objectives

- **School lunch** - Find out whether our school lunches are successful. What do pupils, parents, staff and caterers think?
- **Healthier Lunchboxes** - Find different ways to provide support on healthier lunchboxes to pupils and parents. Ensure that the drinking of water is actively encouraged and promoted during lunchtime.
- **Dining Room Environment** - Survey pupils on their opinion of the current dining room. Ensure that regular monitoring is carried out, to find out whether the dining room is liked.
- **PHSE** - Review the Scheme of Work to introduce more aspects of Healthy Eating.
- **General** - Ensure PTFA events serve healthy refreshments.
- **Healthier Growing Clubs** - Pilot a Growing club, using the school allotment.
- **Healthier Tuck Shop** - Ensure success of the tuck shop is monitored regularly.

## Guidelines

- **School lunch** - Members of HSWP to consult pupils, parents, staff and caterers to find out opinions .
- **Healthier Lunchboxes** - HSWP to regularly monitor lunchboxes and water provision. Promote healthier lunchboxes via a competition with worthwhile prizes.
- **Dining Room Environment** - Members of the School Council to meet with The HSWP to plan possible changes to the dining room, following an audit of need. Use 'Jamie Oliver' Money (£1275).
- **PHSE** - PHSE co-ordinator to carry out a review of the Scheme of Work .
- **General** - Member of the HSWP to attend PTFA meetings, to discuss refreshments.
- **Healthier Growing Clubs** - School allotment scheme to begin in September 2007.
- **Healthier Tuck Shop** - HSWP to evaluate current success of the Tuck Shop and work with staff/pupils to increase sales.

## Monitoring and Evaluation

How do we know our objectives are being met?

- **School lunch** - Members of HSWP to discuss findings from pupils, parents, staff and caterers.
- **Healthier Lunchboxes** - HSWP to monitor lunchboxes after the competition has been held.
- **Dining Room Environment** - HSWP to consult with School Council after actions have been carried out to improve the environment.
- **PHSE** - HT and Governors to receive reviewed Scheme of Work.
- **General** - Ensure PTFA events serve healthy refreshments. Monitor children's/parents' opinions of refreshments at PTFA events.
- **Healthier Growing Clubs** - Photographic record of Growing club, to be kept (to include participants' opinions).
- **Healthier Tuck Shop** - AO to feedback to HSWP on the success of the Healthy Tuck Shop- as defined by the takings.

## Notes

- School awarded National Healthy School Status.
- This school actively supports healthy eating and drinking throughout the school day.
- This policy document was produced after consultations with the School Community.