

Cilton School Anti-Bullying Policy

Our approach to bullying

Everyone at Cilton Primary School has the responsibility to prevent bullying from happening, to identify it when it does occur and to initiate help for those suffering from bullying.

In our school, children have the right to feel welcome, safe and happy. In our school, we will not tolerate any unkind actions or remarks.

Bullying is deliberately hurtful behaviour that is repeated often over a period of time. Bullying can take many forms. The three main types are:

- Physical- hitting, kicking, taking belongings
- Verbal- name calling, insulting remarks, racist remarks
- Indirect- spreading unpleasant stories, excluding someone from social groups.

Aims

- We aim to build an anti-bullying ethos in our school
- We aim to raise pupils' awareness of bullying and the effects bullying actions can have on someone
- We aim to provide support and understanding for bullied pupils
- We aim to give all staff support and training to help give pupils advice and support and to combat bullying behaviour

Signs that bullying may be occurring

- Deterioration of work
- Child may become withdrawn
- Complaining of 'fake' illnesses
- Child may appear isolated
- Child may desire to remain around adults
- Erratic attendance
- General unhappiness/anxiety/fear
- Late arrivals
- Bed wetting
- Child may cry themselves to sleep
- Unexplained cuts, scratches, bruises
- Unexplained missing possessions

What we do to Prevent bullying

- All children at Chilton School are encouraged to be vigilant for signs of bullying and to report all incidents of any unkind/unacceptable behaviour to an adult. A child can write a 'worry note' to the school's Family Liaison Officer (FLO) or to their class teacher, who will follow this up and investigate it thoroughly.
- Each class teacher should use the curriculum to increase children's awareness of bullying and to help them to develop strategies to combat it. Discussion and role play are used to explore issues related to bullying and to give individual children confidence to deal with bullying.
- If bullying is occurring due to a disagreement between pupils, a 'problem solving' approach may help. An adult will mediate by making sure that each pupil has an opportunity to talk and keeps the discussion focused on finding a solution and stopping the bullying from recurring. A follow-up meeting with the pupils can find out whether the solution has been effective or not.
- All staff should keep a record of any behaviour they feel is bullying behaviour and report their fears to the Headteacher or a member of the Senior Management team. The Headteacher will invite parents into the school to discuss the matter further.
- The following steps are taken to try to minimise bullying as much as possible:
 - All pupils are supervised at all times including playtimes and lunchtimes
 - Secluded areas such as toilets and corridors are patrolled during these times
 - Adults on duty (teachers and midday-meal supervisors) report any incidents of unacceptable behaviour to the class teacher(s) of the children involved. In this way the class teacher is aware of all incidents occurring with the children in their class and can keep a record of this. Midday-meal supervisors also have a box of index cards used for logging particularly unacceptable behaviour.

Parents/Carers

Parents/Carers of both the bully and the sufferer of the bullying behaviour will be informed and staff will provide feedback to parents on the steps taken.

Involvement of parents/carers at an early stage is essential.

This policy should be seen as part of the school behaviour policy.

It will be reviewed at least annually and in the light of any changing circumstances.